



Looking forward to Easter

In the last few months, we in Australia have seen the best and the worst of weather and at times, in people. However by far great bravery and strength has been shown by many who have had to deal with, firstly, awful drought and then disastrous bushfires. We have had deaths but there could have been many more but for the wonderful work of our 'fireys' and 'volunteers'. We can be deeply thankful that rain has relieved many farmers after months of drought. But there are thousands who will be many months recovering.

At the end of February we sadly farewelled Chantal Terlich. At her farewell, tears were shed because Chantal has been for many of us, the face of St John's at the front desk. She was so often the one we all turned to when we wanted to know something and were greeted by her lovely smile and the right information. She will be greatly missed but then, true to the heading of this issue of *Village Voice* – it is time to look forward for Chantal and for us. We are already getting to know her replacement folk.

And now we are looking forward to the upgrading of much of the Village, our

Activity Centre is well on the way to completion by Open Day in October (unfortunately our March Open Day has had to be cancelled because of the Corona Virus). Hopefully we look forward to good weather leading up to Easter celebrations, yes, Easter!



Chantal, after her presentation

April 12th. Is it because we are all 'senior citizens' that time goes so fast?

COVID-19 : Please be sure to carefully read the material which you will have received about how the Village is dealing with this.

WELCOME NEW RESIDENTS

Jack and Patricia Lang	to Unit 69
John Buckwell	to Unit 55
Michael and Christine Swift	to Unit 131

Thought for the season

You can't stop trouble from coming, but you needn't give it a chair to sit on!

VILLAGE EVENTS



Our Social Committee lead by Shirley Hanna, has been very busy. As you know, we have a number of weekly events including Bus Trips with Des. He is pictured here enjoying some afternoon tea. Most have been cancelled including the Tuesday afternoon Bus Trips and the monthly Residents Meeting due to the Covid-19 virus.

On 12th December, residents went by bus to the RACV Golf Club in Healesville to enjoy a lovely **President's luncheon** and residents were once again in good voice for our **Christmas Carols** in the Community Centre on 16th December.



This year, on the 26th January saw a good number of residents celebrating Australia Day by the '**Raising of the Flag**' ceremony organised by Bill Tremewen with our Guiding friends followed by an Australian afternoon tea, Australian poems from Fred Rowney, Bill and Marian Tremewen, Colin Ware and Shirley Hanna and the hearty singing of various Australian songs lead by Ruth Rae. This was followed on the 30th January by the happy **Peninsula Ukelele** players. This was a most enjoyable and funny afternoon.

On Thursday February 27th **Westernport Mobility** demonstrated a number of appliances etc which can make life a little easier for those of us who have some difficulty in moving etc.

Morrie Mathews who entertained us so well last year, returned to us on the 8th March and we hopefully welcome **The Bush Balladeer** on 2nd April.

COMING EVENTS *(Please check notice board)*

- **Kays Fashions** who are always very popular visit at 1pm on Thursday 16th April.
- A presentation of **Wine and Nibbles** about the 'Proud Mary' river trip will follow at 2pm on Thursday June 11.
- **Royal Australian Navy Jazz Group** (with vocalist) will come at 2pm on May 18
- **A Mid-Year Luncheon at Sky High Restaurant**, Mt Dandenong is on Thursday, July 16.
- **Postie Fashions** come at 1.30pm Thursday August 13 (\$50 of purchase for raffle winner) 10% of proceeds to the Village.
- **Cadence Singing Group** comes on 2pm Saturday September 12
- **Moving Gifts** on Thursday October 8
- **Kays Fashions again in mid** October – no firm date yet.
- **Frankston Ladies Choir** will entertain us at 2pm Sunday October 25.
- **Tyabb Primary Children's Band** comes to us on Thurs. November 26.
(please note that the relevant Coming Events will be repeated in later Village Voices depending on the restrictions re the Covid-19 Virus)

VILLAGE NEWS

REPORT ON RESIDENTS MEETING AND AGM.

On Monday, March 16 a large group of residents were present for our monthly meeting and AGM at which our 2020/21 Committee was decided and as nominations matched the necessary spaces, our CEO, Graeme Drummond declared them elected. (see pic). Colin Ware then took the chair.

We met our new front desk admin. folk, Judy and Fiona and were advised that Martin (Maintenance Mgr.) had left as has Irene and Kerri, (PCAs) all of them well known to many. Graeme followed Heather's report with a very full explanation of their Covid-19 preparations which also included the closing of several of our regular meeting groups (see the full report of the Meeting).

Back L to R:
Ray Van Meurs,
Kath Prince (new),
Anne Watt,
Lorraine Penrose,
Colin Ware.

Front L to R:

Beth Anthony, Ros Clauson (new Secretary) & Jim Hanna (new).
Marg Pettigrove (new Social Secretary, absent)



Please note Graeme Drummond's presentation is shown in stages so don't get confused. After the Meeting I was rung by a distressed resident who had been told by one who had attended the meeting that visitors were no longer allowed. That will not come in until (and if) we have Stage 3/4 action - Covid-19 in the Village.



KNITTING GROUP

The Knitting Group has been working towards Open Day on April 4th, however, because of the Covid-19 Virus, Open Day has been cancelled and the meetings of the Knitting Group have been also cancelled for the foreseeable future. I am sure members will be continuing their work at home so that, as usual, we can still send some gifts for the Frankston Hospital and Westernport Community Centre who are always so thankful for our products. We have been busy knitting pouches for the baby joeys who were burnt in the bushfires.

We have received many donations of wool and we say a very big Thankyou for your generosity. It will be used to make some lovely garments.

June Moran

A CRUISE TO KANGAROO ISLAND

Ruth Rae went on a cruise to Kangaroo Island. This is her report.

Marian and Bill Tremewen were also passengers on the P&O Aria sailing from Station Pier Melbourne on the evening of February 17th (see the photo of them relaxing as the ship sailed out of Port Phillip Bay and through the heads) always a special time for travellers.

I was with a group of Guiding friends, all leaders, and apart from two more recently involved, I had known and worked with them all over many years on the Peninsula. The cruise was an opportunity to reminisce as well as relax. Actually, relaxing on the second night out was difficult as high winds caused a very rough sea!

A day tour we had booked was modified due to the recent devastation on the Island by fires but we enjoyed a visit to the Raptor Centre (such well trained birds), Seal Bay (lots of seals on the beach), the Eucalyptus Distillery where we learned a lot about the distilling of the oil from this native plant. A honey farm was next on the list and concern from the owners that, due to the destruction of the flora, the bees will have to be hand fed during the winter months. Several honey farms have been destroyed, so supplies will be limited until the bush comes back to life and, happily, there were some signs of this already happening.

There was also a general tour around areas but the Remarkable Rocks and Koala Walk we were looking forward to could not happen as those roads were still closed. I had no wish really to see that burnt out area, enough to view it on the TV News when it happened.

A great cruise, good food and entertainment and a spacious room (no longer called cabins apparently). The time went too quickly as always when on holiday and we disembarked at 8 a.m. on the 21st February.

Ruth



A Psalm Reading

My fella Boss in the sky is like the father emu
He will always look after me and take me to
green grass
And lead me to where the waterholes are
Full and fresh all the time.
He leads me away from the thick scrub and
keeps me safe from the hunters, eagles and
dingoes.
At night time when I am very lonely and sad,
I will not be afraid, for my Father covers me
with his feathers like a father emu.
His spear and shield will always protect me.

My big fella boss always give me a good feed
In the middle of my enemies.
In hot times he makes me sit down in cool
shade and rest.
He gives me plenty of care and love all my life
through.
Then I will live with my big fella boss like a
father emu
That care for his chicks in good country, full
of peace and safety
For evermore and evermore.

*(based on Psalm 23 Aboriginal style
by Uncle Rev. Ron Williams)*

From the CEO

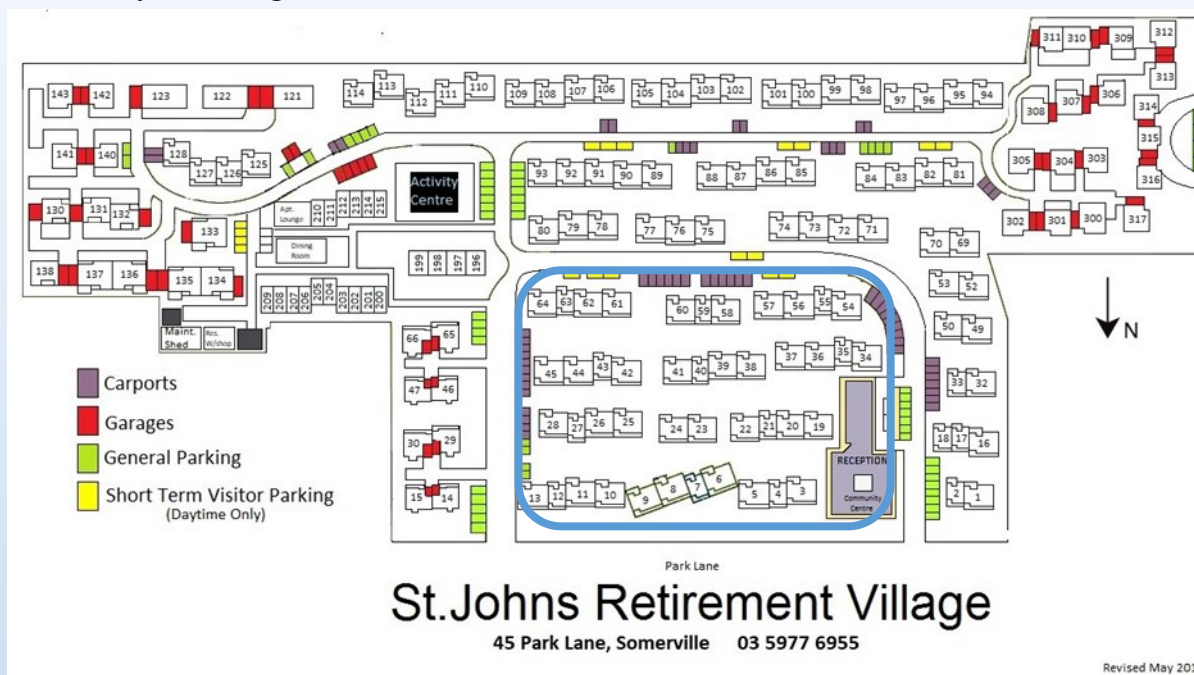


What an incredible start to 2020, smoke filled days, drenching rains, lawns growing quicker than we can mow, to be now followed by a nasty flu like virus originating out of China. A testament to everybody's resilience.

Corona Virus COVID-19, this nasty bug may be with us for a little while. As with any type of Influenza it is important to protect yourself, be diligent with washing your hands, avoid sneezing or coughing on others and seek medical advice if you have flu like symptoms. The Village has an action plan that needs to be followed in the event of an outbreak in our community. Information is available on community notice boards.

With a level of expectation we can see the new Resident activity centre rising up out of the ground, still on track for our October open day.

Management has recently advised plans for the redevelopment of some of the units within the area bounded by the Ring Road.



The plan that is before the local council is for new Waratah style units to be built progressively over the coming 5 years.



It is expected that we will be able to have new residents occupy these units early 2021. Continue to read your resident committee report for updates.

Graeme



A MESSAGE FROM THE BUSINESS MANAGER

I try not to watch the news these days with nearly 90% of the coverage being negative. The whole ordeal tends to leave me feeling pessimistic. People have a 'negative bias', which makes us more interested and responsive to dangerous situations. This means we are more likely to click on negative or scary headlines, allowing some news channels to profit from our fear. But the truth is, things aren't all bad. Despite what the media lead us to believe, it's not all doom and gloom.

I stumbled on the following list of some of the most positive news headlines of 2019. So, let's start the New Year off on a positive note.

1. South Korea has introduced daytime disco parties for people over the age of 65 to help fight loneliness and dementia.
2. An Indian man planted a tree every day for 35 years. The result? He's grown a forest bigger than central park! Who ever said a single person couldn't make a difference?
3. Sea turtle populations have increased by 980 per cent thanks to the Endangered Species Act.
4. The Netherlands has become the first country without stray dogs! If that's not uplifting news, I don't know what is.
5. Swedish blood donors now receive a text message when their blood is used to save a life. If you were walking down the street and were told that your donation of blood was saving another person's life right that moment, would it make you more likely to donate again?
6. Iceland is the first country to legally enforce equal pay for all genders. About time!
7. Dogs can detect cancer via smell with incredible accuracy.
8. Around a third of all power globally is now provided by renewable energy sources.
9. LarvalBot, a swimming robot, is delivering baby corals to the Great Barrier Reef in the hopes of restoring them to their former glory.
10. Seven eggs from the world's last two northern white rhinos have been successfully fertilised.

Heather

EASTER REFLECTION

By our Pastoral Worker: Catherine Price

Easter is a time to be thankful. Thankful for my family, thankful for our community, thankful for my friends and thankful for Jesus. Easter is the time when we remember who Jesus is and what he did for us.

1 Peter 1:3 *Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead*

HEALING AT THE CROSS

We know when Jesus was crucified
Upon the wooden cross,
Our every sin was laid upon Him
All for loving the lost

And we know that when He rose again,
He conquered death and hell
Through His resurrection we have
Eternal life as well

For this we praise our gracious Lord
And thank Him for His love,
For we could never have had this hope
If it wasn't for His spilled blood

But we can know His resurrection power,
Right now, while we are here,
For we can come to the cross of Christ
And lay down our burdens there

For everything that may hold us back,
The hurts from yesterday,
At the foot of the cross we lay it down
And then just walk away

For I believe that there is healing
At the cross of Christ
We do not need to carry these loads,
For they've all been crucified

Receive from Jesus the healing you need
For your spirit, body and soul
Then you can arise, freed from your past
To walk completely whole

For what He accomplished on the cross
Goes on into eternity,
Just reach out your hand and He will too
And receive His victory.

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Catherine



In late January, we celebrated with residents who, last year, joined our **90's Club**. They were Elaine Burge and Bruce Chisholm showing their certificates, provided by Neale Burgess M.P., as always. They are accompanied by their spouses, Len and Marlene. Bob Millson was unable to attend.



Lesley Taylor Care & Wellness Manager writes

Australia faced a devastating start to its fire season in late 2019, and things swiftly got worse before rains helped contain many of the worst fires in February 2020.

Dozens of fires erupted in New South Wales, Australia, prompting the government to declare a state of emergency in November 2019. Fires rapidly spread across all states to become some of the most devastating on record. An area about the size of South Korea, roughly 25.5 million acres, has burned. At least 33 people are dead, including at least three volunteer firefighters. Around 3,000 homes have been destroyed or damaged. More than 1 billion mammals, birds, and reptiles likely lost their lives in the blazes.

With the Victoria Emergency information app, when air quality was poor within our local area, the village displayed warning signs informing residents to limit the time they spent outside. This information was also well documented on the TV news.

People in Australia and abroad, including politicians and celebrities, Fire fighters Australia concert, clubs had bake sales, sausage sizzles all eager to find ways to offer support.

Not forgetting our village. We aimed to raise \$1,000 and I have been informed we have gone over that amount. Well done St John's. what a remarkable community we have. Colin will announce at the next resident meeting the final amount.

Please take care in this extreme and unpredictable weather, keep hydrated, limit your direct exposure to the sun, especially between 10 a.m. and 4 p.m.



I will be going on leave for 3 weeks; I am going on a cruise to Vanuatu. I will show you my photos when I return.

Lesley

My Aged Care: St John's & Village Baxter did a presentation on My Aged Care packages on February 25th. There are pamphlets at the reception desk for those who missed out. If you have any questions, I am only too happy to answer them for you.

What is My Aged Care? Can I get a Home Care Package?

If you have not already been assessed by an ACAT for a Home Care Package you (or your nominated representative) need to call My Aged Care on **1800 200 422**. The contact centre staff will ask you questions to help them understand your needs and care arrangements to inform the next steps.

The contact centre staff may then: * arrange a face-to-face assessment of your needs that takes place in your own home by a trained assessor; *refer you for aged care services, reflecting any preferences you have for particular service providers; *provide you with aged care information and details on services that may assist you.

STAFF PROFILE

Employee Name: Julie Anderson

Position: PCA



Q1. What is your favourite TV show?

Ambulance Australia, Paramedics, Call the Midwife.

Q2. What is the one thing you couldn't live without?

My family.

Q3. What is your greatest fear?

Closed in spaces and heights.

Q4. If you could go anywhere in the world, where would you go?

Tasmania / All of Australia.

Q5. What is your favourite thing to do in your spare time?

Walking and reading.

Q6. What is your favourite food?

Sunday roast.

Q7. What is your favourite drink?

Baileys Irish Cream.

Q8. What would be your ideal pet?

Guinea pigs.

Q9. Where is your favourite place to shop?

I don't like shopping.

Q10. What is the best book you have ever read?

London by Edward Rutherford / Spiritual Midwifery / Call the Midwife books.

Q11. What would be your ideal career (if you weren't working at St. John's)?

Midwife Doula.

Q12. What is the one thing you cannot resist?

Food in general

Q13. What is the hardest thing you have ever had to do?

Saying good-bye to my mum.

Q14. If you could have dinner with any three people who would you choose?

Mary Breckinridge and my mum & dad.

Q15. What is the most prized possession you have?

Not a possession but my family / my home.

Q16. Do you have a celebrity crush and if so who?

Richard Gere / Kevin Costner / Hugh Grant.

Enjoy a chuckle



Three young conceited wits, as they thought themselves, passing along a road met a grave old man with whom they had a mind to be rudely merry.

“Good morrow, Father Abraham,” said one.

“Good Morrow, Father Isaac, “ said the next.

“Good morrow Father Jacob, “ said the last.



“I am neither Abraham, Isaac, nor Jacob,” replied the old man. “but Saul the son of Kish who went out to seek his father’s asses, and lo! Here I have found them!”

The important man was about ready for his speech when news photographers began jockeying for a vantage point for the action shot.

The chairman, fearing that the speaker would be annoyed, called to the photographers and said, “Don’t take his picture while he is speaking. Shoot him before he starts!”



The father of five children won a toy in a raffle. He called his kids together and asked,
 “Who should have this present?
 Who is most obedient?
 Who never talks back to mother?
 Who does everything she says?”

Five small voices answered in unison:
 “You play with it, Daddy!”

A young man became convinced he was a cocker spaniel. Eventually he went for psychiatric treatment. Some months later, a friend met him in the supermarket.

“How are you feeling now, Charles?” asked the friend sympathetically.

“Oh I’m fine now thanks,” smiled Charles.

“Here, feel my nose.”





Enjoy a chuckle

**The human brain is a wonderful thing.
It starts working the moment you are
born, and never stops until you stand up
to speak in public.**

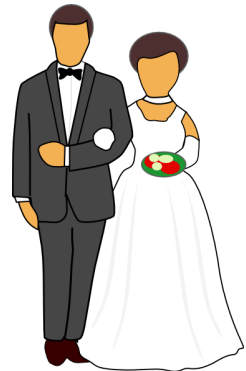


A Frenchman was invited to the silver wedding anniversary of a well know couple.

"I don't understand," he said. "What this means: silver anniversary?"

"It means they are celebrating twenty five years of living together happily."

"Ah," said the Frenchman, smiling broadly. "And now they marry! Wonderful."



The glamorously dressed young woman was on the stand in a casualty case.

The lawyer for the insurance company, hoping to confuse or irritate her into a contradictory statement, sneeringly asked her: And when the elevator started to fall, I suppose all the sins of your past flashed before you?"

"Don't be absurd," she laughed. "The elevator only fell nine storeys."

A self made man wishing to furnish his new home in the most splendid of antiques, finally went to one of the leading shops and asked if they had any good antique chairs. He was shown six chairs. The antique dealer said,

"These will cost you seventy five thousand dollars."

"What!"

"These are Queen Anne chairs. Look underneath. They have the initials Q.A."

"Look here," replied the purchaser, "I wasn't always rich. When I was young and very poor, in the back of our home we had a little house with the initials W.C. on it, and that didn't mean Windsor Castle."

THIS IS GOLD!

There are times when a resident is asked about our Village by friends etc, such as the costs, what is offered in the way of extras and activities etc. Maybe comparisons are being made with other Retirement Villages by the enquirer, and in their perception we may come up wanting – things which can be seen - no swimming pool, bowling green, etc. But, how do you explain those times when residents happily and all together, produce a wonderful day in the communal hall resplendent with home made cakes and sandwiches, tables adorned with beautiful flowers sometimes with the help of the staff sometimes not. All this for the delight of the Residents, delivered with a smile, and afterward the communal centre looking clean and tidy, as though nothing had occurred that day. This is our specialty, the love of the effort to perform to make the day the best that it can be. Added to this, the care for each other shown by the residents is truly heart warming. These are the distinguishing marks of this Village. Combined with the Staff helping in so many ways, makes this Village par excellence, that is beyond comparison, This is Gold!

contributed by a resident.



MYKI PROBLEMS

I recently used my MYKI for the first time. There are a couple of traps. Regular users will be aware of this, but casual users be aware. **If your card is 4 years old, it has been cancelled.** You can obtain a replacement free of charge by calling 1800 800 007. I found them very helpful. **If your card has not been used in the past 90 days it is "inactive".** In this case you should not "top-up" on line.

Because I knew that we would use MYKI (For the first time!) I tried to put money on our cards. As the cards were over 4yo they had expired and I could not! A new card was obtained without any trouble within a week. I then went on line and put \$20 on each card. A couple of weeks later, we arrived at Southern Cross and tried to use the cards and could not enter the station. Went to the MYKI service centre and was told that there was no credit on the cards and had to top-up before we could travel. On arriving home I rang MYKI and was advised that, "Yes there had been \$20 topped- up on the cards, but as the cards were "inactive" any top-up on-line would not be credited until **24hours after the next time it was used for a trip.** So I had a card with \$20 credit, but could not use it. As I said above, a casual user should **avoid topping-up on line.** *Bill Unit 100*



COMPUTER TIPS & TRICKS

What is a browser? A **browser** is a software application that lets you visit web pages on the Internet. Popular **browsers** include **Google Chrome, Firefox, Safari, and Microsoft Edge.** They all do a similar job, though some claim to be faster, or more secure, than others.

A browser is not the same thing as a **search engine**, though the two are often confused. A search engine such as **Google Search, Bing, or DuckDuckGo,** stores searchable data about other websites. However, to connect to a website and display its pages, a user must have a web browser installed. Most browsers allow you to choose which search engine you use. Check the "settings" on your browser and you can usually change your search engine if you wish.