

# St. John's Retirement Village

"The Perfect Place to Live"

## COVID-19 Update

August 13, 2020

### Practise Good Hygiene

Wash Hands & Stay at Home

Cover Cough or Sneeze

Eat Well & Keep Exercising

**Dear Residents (and Families),**

### Stage 4 Restrictions and COVID-19

Stage 4 Restrictions are **making an impact**. We now need to see it through to lock in the gains and get to a time when we can enjoy our great environment with family and friends.

Restating what we said last week - **No visitors** to your unit or apartment, face protection is mandatory, **No leaving the site** unless you have a very strong reason, and then staying within 5km's of the Village.

In person shopping is limited to **one person and essentials ONLY**. Attending medical appointments are permitted but extreme safety precautions must be adhered to.

I'm pleased to note that visitor numbers have dropped dramatically with only a small number of units still to reduce their frequency of family members coming on site to provide support services.

Management have undertaken a full review of our care and work practices in supporting the residents and the community through a time when somebody tests positive. As a consequence we need to make some changes.

- If you need to go into self isolation please let the care staff know so that we are aware of your situation. The staff are required to wear personal protection equipment depending upon your health circumstances, this is precautionary to protect you and the staff.
- If you attend hospital or rehab you will most probably have a Covid-19 test and isolate before you go in. It is important that you advise us of your return to the Village as we will need you to again isolate for 2 weeks before mixing within our general community.
- The carer and contractor sign in sheets at the entry to our campus have been upgraded to provide more accurate information to assist in contact tracing should it be required.
- We are providing you with a new separate Visitor Sign In sheet for your use. (See attached). This is to be kept at your unit and filled in each time someone visits you. This log will be of great assistance in helping you remember who has been to visit you. **Please start using the attached sheet as soon as possible. Write your Unit Number and Name at the top and then write down everyone who visits you at your unit. (The visitor will still need to sign in at Gate A or B as normal, this is an extra record for yourself.)**
- If you haven't already done so could you ensure we have somewhere to deliver goods / meals to at the entrance of your units.
- Last week we wrote to all your families 1st contacts to advise them on what we are doing and seek their co-operation with the stay at home requirements of stage 4 restrictions. If they received their newsletter through the post it was because we didn't have an email address. To update their email address, please get them to email to: [admin@stjohnsvillage.net.au](mailto:admin@stjohnsvillage.net.au)
- **August Special Lunch:** Just a reminder that next **Tuesday 18/8/2020** we are organising a special lunch. If you would like to have a meal delivered—please phone reception to book in. \$15.00 is great value for Homemade Pumpkin Soup, Irish Stew with Dumplings and delicious Apple Crumble!

In addition: As always, if you have any questions, please check with staff or leave a message with reception. Together with everybody working within the safety precautions the Village will get through these restrictions quicker and safer so that we can enjoy many years together.

**Graeme Drummond—Village CEO**