



## Have an enjoyable Easter!

I had hoped to have *Village Voice* out earlier, the first for 2021, however it could have been worse – Covid19 could have been back in Victoria! It has still been a fairly difficult few months and as you know, our last edition was in December 2020 and July 2020 before that.

Now however we have a completed Activity Centre and it has had its baptism on March 13<sup>th</sup> with Open Day. Hopefully it will be opened officially, later this month, by The Hon Greg Hunt MP. As with all new buildings, particularly as large as this one, there are bound to be teething problems but everything went very well and the couple of things which needed to be fixed were easily done.

We thank our Management, our staff and PCA's for their exemplary care during the Covid crisis. We may not have appreciated all the necessary restrictions placed on us, however they did the job. All residents should give themselves a pat on the back too. Patience was a virtue!

Open Day was very busy and for many of us, it was the first chance we have had to see the amount of space and the quality of the

fittings in the Activity Centre. We will probably all see a lot more of the cafeteria when we have visitors to entertain and as we have a quick 'cuppa'. A member of staff will be in the office part time and entry will be open up to 7pm.

We have also seen the beginning of the



Part of the attendance at the meeting

"Central Park" project with marking out of Gas, Electricity, and Water pipes. The start of demolition of the first of the units along Park Lane will begin once we have the paperwork from the Mornington Council.

Isn't it good to have normal activities moving within the Village? Knitting Group is up and running as is Sippers, the Exercise Group, Young and Restless and our Bible Study Group have all begun again. Our Art Group has settled in well and no doubt, the stage in the auditorium will be put to good use by the Drama Group and our visiting entertainers etc. Tuesday afternoon Bus Trips with Des are again available for our enjoyment.

We had our Residents Annual General Meeting on March 15<sup>th</sup>. Details are on Page 2 . Ed.



## VILLAGE NEWS

### THE RESIDENTS' MEETING AND AGM

As mentioned on the front page, we have a new President, Vice-President and Committee.

PRESIDENT	-	Ray Van Meurs
VICE-PRESIDENT	-	Owen Barber ( <i>New</i> )
TREASURER	-	Terry Trevitt ( <i>New</i> )
SECRETARY	-	Ros Clauson ( <i>continuing</i> )
COMMIITEE	-	Kath Prince ( <i>New</i> ), Anne Watt ( <i>continuing</i> ), Ian Clarnette & Ros Waters. ( <i>New</i> ) David Forrest ( <i>withdrawn</i> ) - no other nominations were forthcoming from the floor.

The position of Social Secretary will be filled at the first meeting of the new Committee

Ray Van Meurs thanked Colin Ware for his service as President and Beth Anthony for her work as Treasurer. Lorraine Penrose and Margaret Pettigrove were also thanked for their help over a very trying year.

Margaret Pettigrove would be grateful for somebody to volunteer to take over her "Greeting Cards", as she and John hope to spend a good deal of 2021 enjoying themselves away in their caravan (I am envious – Ed.). the meeting was followed by a very nice afternoon tea – always welcome.

Ray Van Meurs



Owen Barber



Ros Clauson



Terry Trevitt



Kath Prince



Ros Waters



Anne Watt



Ian Clarnette



## KNITTING GROUP:

It's been a very quiet year due to virus and lock down. The ladies have still been busy at home, so we were able to send a very generous amount to the hospital for which they were grateful. (See letter on right).

We would love to see more ladies join our group, we meet every Wednesday at 1.30pm in the Apartment Lounge, you would be more than welcome.

## SIPPERS:

We have moved into our new abode and are delighted with our new surroundings. On the first Friday of every month we are having a sausage sizzle. Our numbers are growing and we encourage anyone to join us for some company and chatter.



Some happy 'Sippers'.



## Apology

Village Voice apologises to **Valda Cole**, whose name was inadvertently left off her contribution "**Mail deliveries today and yesterday**" which appeared on this page in our December 2020 issue.

## COMING EVENTS



- 24th March - Navy Jazz Band 2pm -
- 15th April - Kay's Fashions 1.30pm -
- 13th May - Blossom and Co. Ladies Clothing 1.30pm.

*All at the Activity Centre.*

## WELCOME NEW RESIDENTS

Maryanne Drew to Unit 49  
 Caroliene Bypost to Unit 56  
 Janet McGivern to Unit 304  
 Len & Elaine Burge Unit 57 to Apt 207/208

*Thought  
for the  
season*

"The very first Easter taught us this: that life never ends and love never dies."

- KATE MCGAHAN



TOWN&COUNTRY





## Letter from the CEO

To Residents and friends of StJ's

The Village has started the year with lots of optimism and expectations.

Already we have started using the new Activity Centre with several groups already relocated to their new home. Our first Open Day in the complex went well and demonstrated the potential for bigger and better going forward. Our first residents meeting likewise was well attended and worked particularly well in the new building, especially as we are all still learning how to operate the new equipment.

We will have a formal Activity Centre opening on a date to be advised shortly.

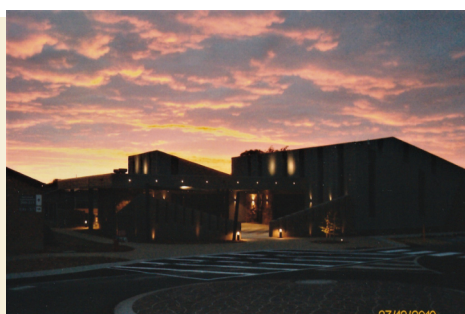
The major project for 2021-2022 is the new Waratah units to be built in "Central Park". We are moving forward to clear the work area of inground services and then the demolition of the initial 14 units. We are targeting having new residents in at the start of 2022. If you check at the foot of the next page, you will see a plan of the first new units.

A big thankyou to Coin Ware and his committee members and our many 'helpers'. Village life relies on the generous support of volunteer helpers who through their effort just make things 'happen'. As we gain confidence in 2021 you once again have that opportunity to participate and be involved in while enjoying the benefits coming from being part your Village community. Congratulations to Ray Van Meurs and his committee, wishing them every success for this coming year.

It has been a tough past twelve months, the Covid pandemic created considerable anxiety and stress with residents and their families, and the staff and their families also feeling the strain. We now have a vaccine being rolled out which will hopefully assist us to be able to mingle more freely and in greater numbers. We look forward to all our residents rediscovering why St Johns is the - "The Perfect Place to live."

*Graeme*

This photo of the Activity Centre at sunrise was taken and sent to Village Voice by Molly Arnott (Unit 64)





## REMEMBERING EASTER



**T**his is one of the greatest events that have occurred in history. The greatest act of love possible.

If it were not for Jesus dying on a cross - being buried - AND RISING FROM THE DEAD - there would be no EASTER HOLIDAY to remember or celebrate.

There would be no hot cross buns - the reminder of Jesus' death on the cross, and the spices inside the bun a symbol of the spices put on his body after he died.

There would be no hollow Easter eggs to remind us, that Jesus rose from the dead and from his empty tomb. HE HAS RISEN - he was and is alive today forevermore!

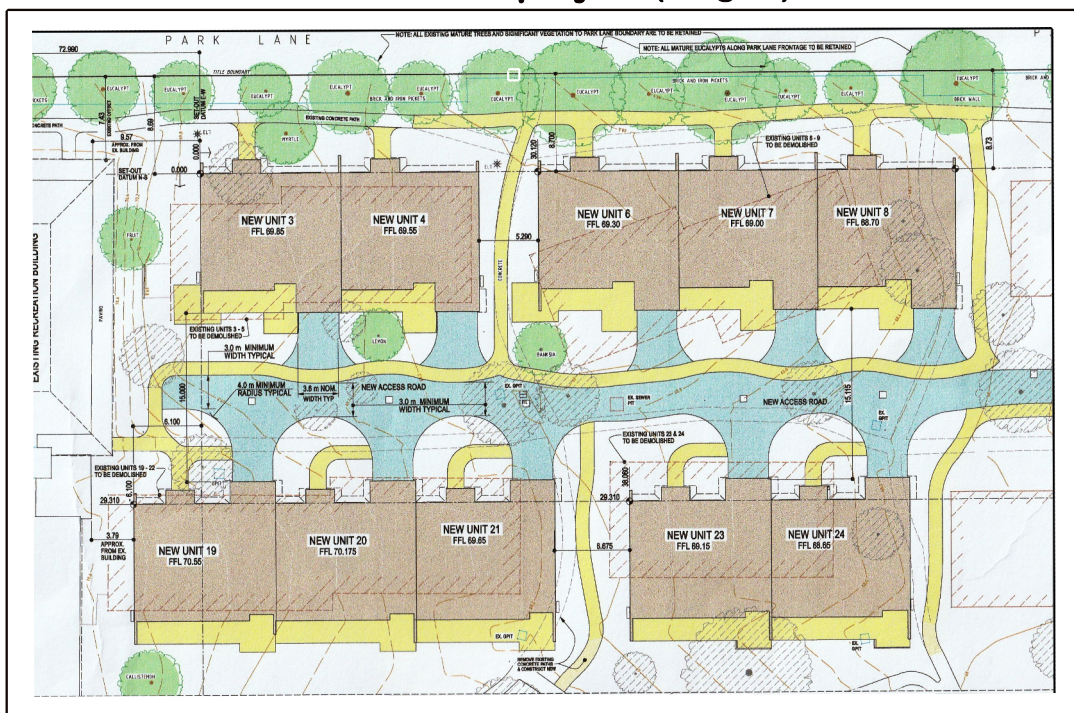
John 3.16 "For God so loved you and me that he gave his only begotten Son, (Jesus) that whoever believes in him should not perish but have eternal life."

Blessings to you all

*Colin Ware*

*Note: We thank Colin for accepting our invitation to write an Easter message. Our Board hopes to appoint a replacement Pastoral Worker in the near future.*

## Central Park project (Stage 1)





## A Message from the Business Manager

Happy Easter to you all and I hope my message finds you happy and well.

It's hard to believe Easter is already upon us. At this special holiday time Churches all around will be celebrating the important day of Christ's resurrection with deep respect. Others will celebrate with Easter festivities, such as Easter egg hunts, festivals, and shared family activities. With the loosening of Covid restrictions it's the perfect time to plan to reconnect with your neighbours, friends and loved ones.

Celebrating with the sharing of food is a perfect way to honour those around us and is a symbol of nurturing and loving one another. So, share a lovely meal, surprise someone with freshly baked goodies or simply enjoy a hot cross bun and a cuppa together. A shared moment brings family, friends, and local community together. Sharing is caring.

However you may be celebrating this Easter, take the time to be thankful and to express appreciation and affection to those closest to you and around you.

Wishing you all a safe and Happy Easter.

*Heather*

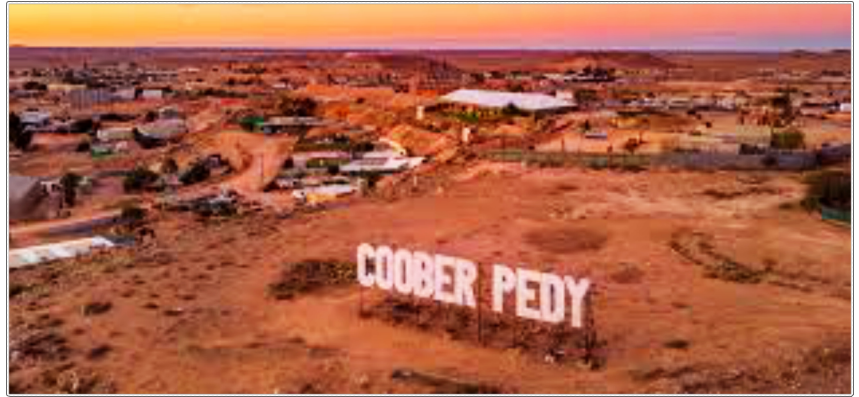


These blokes look ready to do business.  
John Pettigrove, Ray Van Meurs & Owen  
Barber on duty at Open Day.



## On the road again! *By Ruth Rae*

After the restrictions and lockdowns in 2020 it was great to have the opportunity to travel to Alice Springs with my daughter Gillian on her return trip. She had driven many kilometres solo to visit family and friends in Victoria (after Christmas) and I did not need any encouragement to accompany her on her return journey which she had planned for January 7th, her intention being to include a visit to her daughters Tiffany and Elizabeth in N.S.W. as well as friends in parts of Victoria.



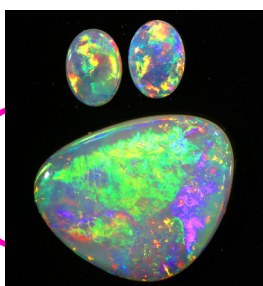
We visited friends in Victoria

and we were delighted to see hundreds of bales of hay and full dams as we travelled the Calder, the Alternate Calder, the Wimmera, the Sunraysia and the Henty Highways in pursuit of addresses. We stayed in Bendigo overnight.

The planned entry to N.S.W. did not happen, as a swift N.S.W. border closure to Victorians cancelled our visit to Wagga Wagga. We needed permits to travel through South Australia and to enter the Northern Territory (all done on-line) within seven days of the date of travel. (This in Australia!)

The Western Highway negotiated, we spent two nights in accommodation in Adelaide, visiting family there before the long road was taken to an overnight stay in Coober Pedy and on our fourth day into Alice Springs. I have always considered the desert a magical place. I have travelled it often but never cease to be amazed at the vastness, the salt lakes and the desert growth. Coober Pedy, each time I pass through it has extended with the opal fields now covering many kilometres. We stayed in an Underground Motel, our room carved out of a rockface but with an outlook over the desert instead of actually being below ground.

After eleven days staying and enjoying the change of scenery of Alice Springs with Gillian and Shaun I flew with Qantas back to Melbourne with permits to enter two States. So pleased to be safely home but delighted I had that travel opportunity.



Coober Pedy Opals

*Ruth.*



# *Lesley Taylor Care & Wellness Manager writes*

## **Facts about the Carers in your Village.**

**W**e have a small professional team of Carers on duty 24 hours a day 7 days a week. All year round.

Last year was a stressful time for us all. Those in the health sector had the added pressure of doing COVID-19 training and keeping up to date with the latest health requirements. (This continues today.) As soon as we found out the facts, we were on to our contacts to ensure we had enough PPE equipment. Last year we received and attended 389 Emergency calls.

**Training for Carers:** All care staff are qualified Personal Carers and have 1<sup>st</sup> Aid training every 3 years and CPR updates every year. Courses we have provided are food handlers, dementia, diabetes management, skin care, and infection control to name a few. We are always improving our skills and knowledge.

This allows those trained with potentially lifesaving ability to assist an injured or ill person during a variety of emergency situations.

The skills that you learn from being a first aider are transferable to many other skills needed, such as staying calm in stressful, high-pressure situations. The care provided by a first aider in those first few minutes is absolutely vital.

A reminder to call staff **ANY** time you need Emergency Care. Don't wait until the morning, we are here during the night for any emergency.

**Pendant:** Your Emergency pendant will only work around your unit/apartment. If you feel unwell outside of your unit/apartment press the emergency system where you are. e.g. Activities Centre, Community Centre etc. If you are visiting another unit/apartment press their emergency system. **Staff will attend where the call is activated.**

Update your details. If you change doctor or family move etc please update your details on Personal Information forms. Put this in writing, **attention to Lesley.**

**Request for assistance.** If your health professional requires you to have a dressing, blood pressure checks, eye drops etc we require this in writing. A note to say when to start when to finish. Staff then can do a care plan.

I have arranged a special lunch every month until the end of the year. So far this year we have had **Australia Day, Valentine's Day & Labour Day.** Next one is **Good Friday - Fisherman's Basket, Trifle and Hot Cross buns. Easter Sunday - Roast of the Day, Cheesecake and Easter Eggs.** Watch the notice boards for Special Lunches such as Anzac Day.

Happy Easter and all the very best from all the team at St John's.

Any questions please feel free to ask me.

*Lesley*



## STAFF PROFILE

**Heather Thompson**

**Business Manager**

**Q1.If you could live anywhere, where would it be?**

*The lucky country of course – Australia!*

**Q2.What would you change about yourself if you could?**

*My big ears!*

**Q3.What motivates you to work hard?**

*The recognition I receive that I am doing a good job from my peers and many of the residents.*

**Q4.What is your proudest accomplishment?**

*Not passing out when I saw my granddaughter being born.*

**Q5.What did you want to be when you were small?**

*A nurse. Lucky for the residents I didn't pursue my dream lol!*

**Q6.If you could choose to do anything for a day, what would it be?**

*Look after baby elephants.*

**Q7.What would you sing at Karaoke night?**

*'Coat of many Colours' by Dolly Parton.*

**Q8.If you could only eat one meal for the rest of your life, what would it be?**

*Pizza.*

**Q9.Have you ever had a nickname? If so what was it?**

*'Bam Bam' as in The Flintstones.*

**Q10.Would you rather win the lottery or work at the perfect job?**

**And why?**

*The perfect job for sure – money cannot buy you happiness.*

**Q11.If money was no object, what would you do all day?**

*Shop!!!!!!*

**Q12.List two pet peeves.**

*Tardiness and dishonesty.*

**Q13.What is your proudest accomplishment?**

*My daughter!*

**Q14.Where is the next place on your travel bucket list?**

*Africa where I can volunteer at an elephant orphanage.*

**Q15.What is the last TV show you binged watched?**

*Greys Anatomy.*

## Enjoy a chuckle



The young newly weds had just finished dinner and began dessert.

"Dear, there's something wrong with this cake," said the groom. "It doesn't taste right."

"That shows how little you know about baking," said the bride. "The cook book says it's delicious."

A kindergarten teacher smiled pleasantly at the gentleman opposite her in the bus.

He didn't respond.

Realising her error, she said aloud, "Oh, please excuse me. I mistook you for the father of two of my children."

She got out at the next stop.



A veteran was telling his children about his combat duty.

"One morning," he said, "was especially bad. Bullets were whistling by and shells falling all over the place."

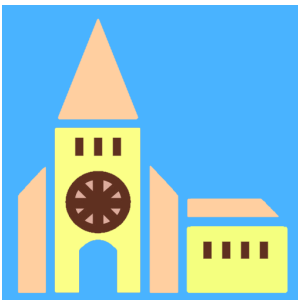
"Why didn't you hide behind a tree?" asked his son.

"A tree? Why, son, there weren't even enough trees for all the officers!"

Two men travelling through India attended a church service where the whole service was conducted in the local language.

As they didn't understand a word, they simply followed the lead of the man sitting in front of them, standing, sitting and kneeling when he did.

Towards the end of the service, the minister made an announcement and the man in front rose to his feet, whereupon they did the same.



The rest of the congregation roared with laughter and they realised they were the only three standing.

Afterwards they found out that the minister had announced a baptism for the following Sunday and had asked for the father of the child to stand.

A chairman is a man who spends twenty-one minutes introducing a man "who needs no introduction."





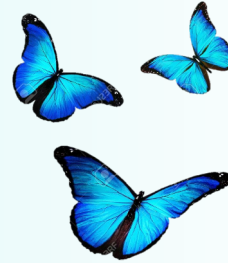


## Enjoy a chuckle

A man went to a Psychiatrist and revealed his life story, all the details about his childhood, love life, hobbies etc. At length the doctor said, "There doesn't seem to be anything wrong with you. You're the same as I am."

"But, Doctor," said the patient, "it's all these butterflies. I can't stand them. They're all over me", and he began brushing himself off with his hand.

"For heaven's sake", cried the psychiatrist, "Don't brush them off on me!"



A 65 year old boxing champion was being interviewed.

Interviewer: "You're really an extraordinary man to be a boxing champ at 65."

"Heck, I'm not nearly the man my dad is. He has just signed to play in the centre for Carlton, and he's 88. He's in Brisbane now, attending my grandpa's wedding. My grandpa's 114."

"Amazing," said the interviewer. "You're a boxing champ at 65, your father's a football player at 88, and now your grandfather wants to get married at 114."

"Hell, mister, grandpa doesn't want to get married. He has to."



Office worker having cocktails at his desk to boss:

"I trust you don't mind, sir? Just a little celebration on the tenth anniversary of my last raise."

A local busybody, unable to contain her curiosity any longer, asked an expectant mother point-blank whether she was going to have a baby.

"Oh, goodness, no," the young woman said pleasantly. "I'm just carrying this for a friend."





This is a lovely picture of June Moran, our Knitting Group Convenor's two year old great granddaughter. The original portrait was beautifully done on a wood background, but it has not re-produced as well as we would like, but as you can see, she is a really pretty little girl with gorgeous blonde hair. Her name is Coco Somerset Fox. A special name for a special girl!

### Joyce Garratt (Apartment 212)

Here are some of Joyce's family helping her blow out her candles on her 95<sup>th</sup> birthday.

Joyce had 5 children, and now has 20 grandchildren, 30 great grandchildren and 9 great-great grandchildren.



Our Care and Wellness Manager, Lesley Taylor, with her granddaughter Evie, doing her "Cheese face" bless, at Open Day.




## COMPUTER TIPS & TRICKS



Windows Key

We all know how to turn our computers off by left clicking on the windows key, going to power, then shut down (*or restart if we need to* ).

But did you know that if you right click on the windows key it brings up a list that can be extremely useful; e.g.: **System** will show you details of your computer and operating system. **Device Manager** shows all devices running on the computer. If you need to check whether something is operating properly you can click on the > symbol at the left hand side of an item, such as: **Audio inputs and outputs** and show all microphones and speakers. If something isn't operating properly it will have a warning icon  next to it. **Settings** takes you straight to the settings page etc.